

Mary Rockwood Lane, PhD, RN, FAAN Professional Bio

Mary Rockwood Lane, PhD, RN, FAAN, is a professor, nurse, healing artist, painter and works as a professional Caritas coach with individuals and healthcare settings, both nationally and internationally.

Her mission is to bring love, caring, and art into the light and celebrate the gifts of the Divine Feminine. She is a visionary creative activist. Her enthusiasm for this work has led her to develop a unique way of blending multiple modalities and life experiences to support people in a soulful and practical way. Her intention and vocation is to assist others in leading more open, authentic, loving, creative and fulfilling lives.

She is the co-founder and director emeritus of Shands Arts in Medicine program at University of Florida (UF), Gainesville, where she created the first artist-in-residence program of its type in the United States.

At a time when art was not integrated in health care, Mary became inspired by her own experience of healing herself through art and created a program which incorporates art, music, poetry, theater, and dance into healthcare.

She directed the nationally-recognized Arts in Medicine program for over 15 years. She obtained her doctorate degree in Nursing, specializing in healing with the arts from the University of Florida. Her dissertation was based on a phenomenological hermeneutic study researching the lived experience of art and healing. Mary has advanced training in guided imagery and mindfulness-based therapeutic practices and has practiced as a holistic health care provider focusing on women's health, self care and empowerment. She works tirelessly to promote this vision for a more creative and transformative nursing practice.

She has written many articles in nursing and medical journals and is a recognized leader in the field. She lectures and teaches workshops worldwide and helps healthcare centers and artists set up art and healing programs.

Mary is core faculty within the UF Center of Spirituality in Health and an Associate Professor at the UF College of Nursing, where she teaches Creativity and Spirituality in Healthcare to undergraduate and graduate students. She developed an online version of this course entitled Healing with the Arts, which is available to the public for FREE through UF Coursera. Mary also developed an interdisciplinary end of life program at UF that is integrated in several colleges at the UF Health Science Center.

She is founding faculty and served as a board member of the Watson Caring Science Institute. She has had extensive international travel and teaching with the distinguished Dr. Jean Watson. Mary is an International Caring Science Scholar and teaches the Caritas Coach program and the Human Caring Program which integrate Caring Science in healthcare settings all over the world.

Mary also founded and directed the Art and Healing Master's Program at Wisdom University with Dr. Michael Samuels. She has written six books with him about art, spirituality, end of life, shamanic praxis, caring and peace.

Mary facilitates transformational group intensives, women's leadership and empowerment workshops. She leads a Divine Feminine retreat in Tinos, Greece which focuses on the embodiment of the Goddess archetype within each woman that honors the Oracle that emerges from our hearts.

She loves attending her Honey Bees and creating wildlife habitats which expresses her passion for nature. Mary has three children and lives on Sacred Land with her husband in a beautiful oak hammock which provides the experience of deep peace, sanctuary and connection to all of nature.

NAME: Mary Rockwood Lane, PhD, RN, FAAN

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LICENSURE/CERTIFICATION:
Florida RN #9228170
Massachusetts RN #140041

OFFICE PHONE:

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CURRENT RANK: Adjunct Clinical Associate Professor

DATE APPOINTED: November 1, 2002

TENURE AWARDED:

EDUCATION: (In Reverse Chronological Order)

<u>Institution</u>	<u>Field of Study</u>	<u>Degree</u>	<u>Date</u>
University of Florida Gainesville, FL	Nursing Fine Arts	PhD	1999
Harvard University, Cambridge, MA	Studio Art	Non Degree	1982
Boston College Chestnut Hill, MA	Nursing	MSN	1981
University of Florida Gainesville, FL	Nursing	BSN	1977

EMPLOYMENT: (In Reverse Chronological Order)

<u>Institution</u>	<u>Title</u>	<u>Date</u>	<u>Major Responsibility</u>
University of Florida College of Nursing	Associate Professor	2002-Present	Education
Watson Caring Science Institute Boulder, Colorado	Associate Faculty	2008 – Present	Associate Faculty. Developmental of Caritas: Nurse Coach Program with Dr. Jean Watson
Watson Caring Science Institute, Boulder, CO	Faculty of Doctoral Program	2002-Present	Faculty

University of Florida College of Nursing Gainesville, FL	Co-Director, Shands Arts in Medicine Program Founder, Artist in Residence Program	1991-2002	Administration Clinical Research Education
Gainesville, FL	Author	1996-Present	Professional Writing Popular Publications
Gainesville, FL Tinos, Greece	Visual Artist Painter – Oils & Mixed Media	1990-Present	Painting

EMPLOYMENT: (In Reverse Chronological Order)

<u>Institution</u>	<u>Title</u>	<u>Date</u>	<u>Major Responsibility</u>
Gainesville, FL	Art Agent	1988 – 1990	Consultant & sales of visual arts in private and corporate collections.
University of Florida College of Nursing, Gainesville, FL	Instructor	1984 – 1989	Education Clinical
Beth Israel Hospital Boston, MA	Clinical Nurse Specialist Nurse Practitioner Primary Nurse	1978 – 1981	Women's Ambulatory Care Cardiac Intensive Care and Primary Unit

GRADUATE COMMITTEE ACTIVITIES: (for projects, thesis or dissertation only)
(Student Name, Title, Home Department, Completion Date)

Member, PhD Committees

<u>Student Name</u>	<u>Research Topic</u>	<u>Home Department</u>	<u>Completion Date</u>
Emi Lenex	Counseling and Art	College of Education	

Creative Works or Activities:

Publications: (published or in press)

Books, Co-authored

Date:	Title:
2014	Samuels, M., & Lane, M. R. <i>Healing with the arts (embedded videos): A 12-week program to heal yourself and your community</i> . Portland, OR: Beyond Words.
2012	Lane, M, Samuels M. Watson. <i>Caritas Path of Peace</i> . ISBN-10: 146101235 / ISBN – 12. 978146012320
2003	Samuels, M. & Lane, Mary R. <i>Shaman Wisdom. Shaman Healing</i> , New York, NY: Wiley & Sons.
2003	Samuels, M. & Lane, Mary R. <i>The Path of The Peacemaker</i> . New York, NY: Markson
2000	Samuels, M. & Lane, Mary R. <i>Spirit Body Healing</i> . New York, NY: Wiley & Sons.
2000	Samuels, M. & Lane, Mary R. <i>The Path of the Feather</i> . New York, NY: Putnam Press.

1998 Samuels, M. & Lane, Mary R. *Creative Healing*. San Francisco, CA: Harper.

Book Chapters

2015 Lane, M. and Samuels, M (2015) Healing and Psychosocial Issues Surrounding Surgery; in Springer-Verlag Berlin Heidelberg 2015 K.-Y.Tan(ed), *Transdisciplinary Perioperative Care in Colorectal Surgery: An Integrative Approach*, DOI 10.1007/978-3-662-44020-9_16

2013 Lane, M.R., Samuels, M., & Lenes, E. Psychosocial considerations prior to surgery. In Tan, K.Y. (Ed.), *Colorectal cancer in the elderly* (pp. 57-71). Berlin, Germany: Springer-Verlag.

2005 Consultant book project M.W. Lae Ruskin

Local Presentations

- 2014 Lane, M. Healing with the Arts Workshop. International Caritas Consortium. Boulder, CO
- 2014 Lane, M. Healing with the Arts. Oral Presentation at International Society for Arts in Healthcare, Houston, Texas
- 2001 Lane, M. Honoring the Devine Feminine Keynote. HPNP Auditorium. Center of Spirituality and Health

Refereed Publications

- 2008 Lane, M.R. Spirit=body healing II: A nursing intervention model for spiritual/creative healing. *Cancer nursing*, 32(3), E24-E31. Doi:10.1097/01.NCC0000305719.90894.e9
- 2005 Rockwood-Lane, M. Poetry – 3 books unpublished. *Arts as a Healing Force*. Bolina, CA
- 2005 Lane, Mary R. Spirit Body Healing – A Hermeneutic, Phenomenological Study Examining the Lived Experience of Art and Healing, *Cancer Nursing*, 28(4), 285-291. Doi: 10.1097/00002820-200507000-00008
- 1997 Lane, M. Dancing for Life. Unpublished Manuscript. Shands Arts in Medicine
- 1980 Rockwood-Lane, M. Relaxation Response as a Tool of Stress Management in Primary Care Setting. Boston College Graduate School. Chestnut Hill, MA unpublished manuscript

Miscellaneous

Teaching Initiatives

- 2015 Lead Faculty. Healing with the Arts – UF Course Development
- 2014 Sacred Passages. End of Life Educational Program (Gainesville, FL)
- October – April 2008 – Present Lead Faculty of Caritas Coach Education Program (CCEP), (6 month experimental course) The Watson Caring Science Institute (Boulder, CO)
- January-June 2011 Co-developer of Conscious Living, Conscious Dying (1 semester course) online platform The University of Florida (Gainesville, FL)
- May 2005-Present Co-faculty of Aesthetics and Wisdom Traditions (one week intensive course) The Center of Human Caring University of Colorado (Boulder, CO)

July 2005-2007 Facilitator of Reclaiming the Art of Caring (1 week intensive course)
The Center for Arts in Healthcare, University of Florida (Gainesville, FL)

International Teaching Abroad

July 2006 – July 2007 Faculty, Wisdom University. “Seeking the Divine Feminine” and “Logos – Wisdom & The Word,” Chartes, France (one week intensive course)

2007-2015 International Ambassador of Caring Science – Japan, Nepal, Tibet, Bhutan

Published Artwork

“Dance for Life” Photo essay and analysis of the program’s dancer in residence, Shands Arts in Medicine, Gainesville, FL. Published in numerous local magazines and newspapers.

A paper is considered to be refereed if it appears in a journal whose papers are published only after review and acceptance by one or more independent advisory professional expert(s) of national or international standing.

LECTURES, SPEECHES, OR POSTERS PRESENTED AT PROFESSIONAL CONFERENCES/ MEETINGS:

International Presentations:

Other

February 19, 20, 21 (2015) *The Human Caring in a Time of World Crisis: Transcending cultures, countries, borders and boundaries conference*. Jordan

Invited Speaker (2015) Aquaba, Jordan Middle eastern Nurses Unity in Human Caring – International Conference Uniting Palestine and Israel Nurses

July (2014) World Conference of Caring Science Speaker. Boulder, CO

May 29 (2014) Tokyo Women’s University Hospital. Human Caring Healing with the Arts

May 25 (2014) Invited Speaker. Universally and Diversity of Human Caring Healing with Arts. IAHC Conference. Kyotyo, Japan

May 21 (2014) Human Caring Seminars – Faculty – Student University of Tachibana College of Nursing Kyoto, Japan

October 10, 11 (2013) International Caritas Consortium Presenter and Facilitator, Chicago, IL

September 1-18 (2013) Spiritual Pilgrimage: Kathmandu, Khandbari, Nepal, Bhutan, Tibet.

April (2013) San Francisco Kaiser Permanente Northern California Caritas

April 10 (2013) West Workshop with Robert Browning. Caring Science/Hearth Science Boulder, CO

November (2012) Invited Speaker – Annual Research Conference. Winter Haven Hospital “Back to Basics – Returning to the Heart of Health Care” Winter Haven, FL

November 7-8 (2012) Co-Keynote with Jean Watson. Merging Caring Science and Integrated Medicine – Transforming Health Care Workshop with UF Health Nursing. Gainesville, FL

October 17-20 (2012) International Caritas Consortium. Coordinator/Speaker: Atlantic Regional Medical Center. Galloway, New Jersey Caring Science/Heart Science

June (2012) Regional Human Caring Program Sponsored by Kaiser Permanent Northern California. 4 day conference. Speaker – San Ramon, California

March (2012) Red Cross Hiroshima College of Nursing. International Hiroshima Caring and Peace Conference. Hiroshima, Japan

March (2012) College of Nursing Red Cross. Tokyo, Japan

Lane, M.R. (2012, March). *The Caritas Path to Peace*. Oral presentation at the International Hiroshima Conference on Caring and Peace, Hiroshima, Japan

International Presentations:

Other

Keynote (2011): American Holistic Nursing Conference. Dartmouth, NH

Co-speaker Caring Science/Heart Science. International Noetic Science Institute

July 20. (2013) Workshops, Co Presenter with Jean Watson & Robert Browning Caring Science and Heart Science and Heart Science Stanford University Palo Alto CA

2012 Human Caring Program, Omaha, Nebraska Lead Faculty

2011 Invited Keynote. Asian Pacific Nursing Congress Caring Science. Singapore

2010 Invited Arts in Medicine. Wake Forest University Baptists Medical Center. Winston, Salem, NC

“*Eleusian Mysteries. The Sacred Journey of Art and Healing.*” The International Society for the Arts in Healthcare. Philadelphia, PA, April 2008.

October (2008, October) International Caritas Consortium Sponsored by Baptist Health. Jacksonville, FL Held at Amelia Island

Lane, M.R. (2007, July). *Art and Healing as Sacred Action* Oral Presentation at Chartes Wisdom University, Chartes, France.

Lane, M.R. (2006, April). *Path of the Feather: Personal Journey into Nature's Eye*. Oral Presentation at the Inaugural Conference of the International Society of Religion, Nature, and Culture. University of Florida, Gainesville, FL

Lane, M.R. (2005, July). *Arts in Medicine, The ancient Roots*. Oral presentation at the Cultural Community Center. Tinos, Greece.

Lane, M.R. (2005, June). *Spirit Body Healing*. Oral Presentation at the International Society for the Arts in Healthcare, Edomonton, Canada.

Lane, M. (2003) Touching the Heart of our Humanity: The Caritas Path of Peace – Conference proceedings Based on Presentation at first International Hiroshima Conference Caring and Peace. Spiritual Pilgrimage as Caritas Action in the World. Nepal, Tibet Bhutan

Lane, M.R. (2003, Aprils). *Creative Arts in Nursing Care* Keynote speaker at the 2nd International Art and Healing Conference. Florida Atlantic University, Boca Raton, FL.

Lane, M.R. (2000, April). *Visual Arts in a Bone Marrow Transplant Unit*. Oral presentation at Bone Marrow Transplant Unit Conference, Nursing services, St. Paul, MN

Lane, M.R. (1997, April). *Art as a Way of Healing*. Oral presentation at the International Qualitative Health Research Conference, Banff, Alberta, Canada.

Lane, M.R. (1996, October). *Dance for Life*. Oral presentation at the International Qualitative Health Research Conference, Bournemouth, England.

Lane, M.R. (1996, December). *Creative Healing Workshop*. Oral presentation at the International Psychology of Health, Immunity, and Disease Conference, National Institute for the Clinical Application of Behavioral Medicine (NICABM) Hilton Head, SC

Lane, M. R. (1994, November). *The Artist as Healer. Keynote Speaker* at Healing Arts and Creativity, Simon Fraser University. Vancouver, Canada.

International Presentations:

Other

Lane, M. R. (1994, December). *Art as a Healing Force The Caritas path to peace*. Oral presentation at the International Psychology of Health, Immunity and Disease Conference, NICABM, Hilton Head, South Carolina.

Lane, M. R. (1994, December). *Development of an Art Program on a Bone Marrow Transplant Unit*. Oral presentation at the International Conference on Cancer Nursing: Sharing Our Worlds, Vancouver, Canada.

Lane, M. R. (1993, December). *Arts in Medicine: Artist in Residence Programs*. Oral presentation at the International Psychology of Health, Immunity and Disease Conference, NICABM, Hilton Head, SC.

National Presentations:

Other

November (2009) Research Conference Winter Haven Hospital FL. Caring Science/Health & Science: Theory & Caring Science/ Heart & Science: Theory & Practice.

Lane, M.R. (2013) *Healing with Arts*. Workshop. American Holistic Nurse Association, Dartmouth, N.H.

Lane, M. R. (1999, April). *The Dance of the Artist/Healer*. Oral presentation at the Society for the Arts in Health, Grand Rapids, MI.

Lane, M. R. (2002, March). *How to start an Arts In Medicine program Oral Presentation at the* College of Nursing, Penn State, Hershey, PA

Lane, M. R. (1996, May). *Arts in Medicine* Keynote Speaker at Arts and Healing Conference sponsored by Fletcher Allen Health. Vermont State Initiative, Burlington, VT

Lane, M. R. (1995, March). *As One, Art as Healing*. Keynote Speaker at Art as a Healing Force Conference, San Francisco Art Institute, Bolinas, CA

Local Presentations:

Other

Lane, M. R. (2013, March). *Art and healing – Interventions for health care practitioners*. Oral presentation at the 2013 Southeast Regional Caritas Consortium, Jacksonville, FL.

Lane, M. R. (2013, May). *Caring the art of nursing and The sacred dance of nursing*. Oral presentation at Nurses' Week at Shands at the University of Florida, Gainesville, FL.

Lane, M. R. (2013, May). *Creativity in nursing: Multiple ways of knowing*. Oral presentation at the Dartmouth-Hitchcock Medical Center Holistic Nursing Conference, Fairlee, VT.

Kearn-Frolich, E., & Lane, M. R. (2013, April). *The practice of gratitude*. Oral presentation at the meeting of the Watson Caring Science Institute. Boulder, CO.

Lane, M. R. (2013, May). *The art of deeper caring*. Keynote address at the Jessie J. Salone Annual Seminar at Memorial Regional Hospital. Hollywood, FL.

Local Presentations:

Other

Lane, M. R. (2012, November) *Caritas processes: Translating and applying to personal and professional practices*. Oral presentation at the meeting of Shands at the University of Florida and the University of Florida Arts in Medicine Programs, Gainesville, FL.

Lane, M. R. (2010, June). *The theory of human caring*. Oral presentation at the meeting of Shands HealthCare Center of Nursing Innovation, Gainesville, FL.

Lane, M. R. (2009, November). *Storytelling, calling a circle, closing remarks, and candlelight ceremony*. Oral presentation at the meeting of Winter Haven Hospital Nursing Research Council, Winter Haven, FL.

Hosted Visiting Scholar (2004) University of Florida Center for Spirituality and Health. College of Medicine and Nursing. Gainesville, FL

Chairperson (April 2002) Health Professional as Ontological Artist for Caring and Healing. Annual Conference Society for the Arts in Health Care. University of Florida Shands Health Center. Gainesville, FL

Presenter November (1998) Lighting a Path to the New Millennium. Winter Haven Hospital 7th Annual Nursing Research Seminar. Winter Haven, FL

Keynote (1995): Art as a Way of Caring. Florida Atlantic University. Expression of Caring in Nursing Conference. Boca Raton, FL

Invited Speaker (1994): Florida Winter Haven Hospital. Based Research Conference. Winter Haven, FL

CONTRACTS AND GRANTS:

a. Funded Externally:

<u>Effective Dates</u>	<u>Role, Project Title, Funding Agency, Amount</u>
2001-2002	Development of UF Arts in Medicine Endowment of \$500,000 to Support Artist in Residency Program.
2000-2001	Co-Investigator, Arts in Medicine: Artists-in-Residency Program, Florida Arts Council, \$8,300.00.
2000 – 2001	Co-Director, Arts in Medicine: Visiting Artist Program, Alive Foundation, \$5,000.00.
1999-2001	Co-Director, State Challenge Grant, Arts in Medicine and Very Special Arts, Arts in Health Care, Arts in Medicine Program Statewide Seeding, \$75,000.00.

- 1999 Co-Investigator, Arts in Medicine "The Reflections" Project - Junior League of Gainesville, \$5,000.00.
- 1998-1999 Principal investigator, Arts in Healing: Shands, AGH Hospital Artists-in-Residence Program - Alive Foundation, \$15,000.00.
- 1998-1999 Co-Investigator, Mini-grant Arts in Medicine Artists-in-Residence - Florida Arts Council Discipline-Based Arts Grants Program #2K-0517, \$8,531.00.
- 1996-1999 Co-Investigator, Art for Children in Hospitals: Very Special Arts, \$2,000.00.

CONTRACTS AND GRANTS:

a. Funded Externally:

<u>Effective Dates</u>	<u>Role, Project Title, Funding Agency, Amount</u>
1996 - 1999	Co-Investigator, Arts in Medicine: Artists-in-Residence Program - Florida Arts Council Statewide Multidisciplinary Grant, \$6,627.00.
1998	Director, Caring for the Caregiver - City of Gainesville, Department of Cultural Affairs, \$1,500.00.
1998	Co-Director Caring for the Caregiver - Florida Arts Council, Division of Cultural Affairs, \$4,500.00.
1996-1997	Co-Principal Investigator, Arts in Medicine: Artists-in-Residence Program - Florida Arts Council Statewide Multidisciplinary Grant, \$6,733.00.
1995-1997	Co-Director, Arts in Medicine Symposium - Alachua County Tourist Development Grant, \$6,512.50.
1995-1996	Co-Investigator, Arts in Medicine Artists-in-Residence Program - Florida Arts Council State Multidisciplinary Grant, \$18,617.00.

GOVERNANCE AND SERVICES:

(Dates, Role, Title)

International

<u>Date</u>	<u>Role, Title</u>
2014-2015	Member of Task Group. International Caring Conference – Planning, Funding. Program Development. South Africa Oct 2015 Pretoria, Johannesburg
2014	Member International Association of Human Caring
2011-Present	Associate Faculty WCSI National Clinical Caring Research Project through WCSI and University of Arizona and Multi Systems Including Wake Forest, University Baptist Hospital. Kaiser Permanent Winter Haven Hospital
2010-Present	Instrument Development Watson Caritas Patient Score Collaboration WCSI University of Arizona
2009-2010	Consultant Jacksonville Baptist Health Winter Haven Hospital FL. Antioch Kaiser, CA. Caring Theory Guided Practice

National

<u>Date</u>	<u>Role, Title</u>
2011-2012	Member, Nursing Theory Guided Practice. American Academy of Nursing
2011-2014	Board Member, Watson Caring Science Institute
2010-2013	Board of Directors, Watson Caring Science Institute
2010	Member American Nurses Association

National

<u>Date</u>	<u>Role, Title</u>
1998-2003	Board of Directors, two terms, Society of Arts in Healthcare
2002	Chair, International Conference Art and Healing, Society of the Arts in Healthcare

State

<u>Date</u>	<u>Role, Title</u>
1998-2000	President, Board of Directors, Dance Alive State Company

Local

<u>Date</u>	<u>Role, Title</u>
2006	Chair, Interdisciplinary Faculty, End of Life Committee, Student Education Development Project
2004	Development of 800,000 gift to Conversation Trust to create Kanapaha Wildlife Sanctuary protecting 1000 acres
1991	Founder and Director, UF Shands Arts in Medicine Project
1989	Harn Museum Chair, Founder of Docent Program

University of Florida

<u>Date</u>	<u>Role, Title</u>
2011-2015	UF Bee College – Bee Keeper
2013-Present	Faculty Advisor for student independent study students

UF Health Science Center

<u>Date</u>	<u>Role, Title</u>
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2013-2015	UF Master Gardener, Wilmot Gardens Therapeutic Horticulture Program
2007-2015	IFH Faculty

MEMBERSHIPS AND ACTIVITIES IN THE PROFESSION:

<u>Date</u>	<u>Organization, Role</u>
2015	Lead Faculty – UC Caritas Coach Educate Program and Development
2012-2013	Lead Faculty of Human Caring Science Program – Program Development
2013	Leadership in the Development and Approval of WCSI Caritas Coach Program

MEMBERSHIPS AND ACTIVITIES IN THE PROFESSION:

2013	Lead Faculty Developer of End of Life Interdisciplinary Class
2012	Developed an Interdisciplinary End of Life Module for Curriculum Integration in Colleges of Health Sciences
2002	Admitted as Fellow in American Academy of Nursing
1999	Guest Co-Editor – International Journal of Arts in Medicine
1984	Member of Committee College of Nursing Curriculum Undergraduate Program
	Member – International Association of Human Caring
	Member – American Nurses Association

HONORS:

<u>Date</u>	<u>Award/Honor</u>
2014 April-May	Exhibition of Paintings: One Woman Retrospective – Hector’s Gallery and 706 Exhibition
2013-2014	Radio Interview: Healing with Arts. Book Tour Muscle Media Agency Booked 86 radio shows
2014	Nautilus Book Award <u>Healing with the Arts</u>

2011

Nautilus Book Award Finalist Shaman Wisdom, Shaman Healing

2006

Rebels and Radicals Award sponsored Gainesville Women League of Voters honoring the work of crating the first Arts in Medicine program which became a national model for Arts in Healthcare